



Continued excellent quality health service and international standards delivery await CVMC clients

# ISO RE-CERTIFIED

*Ligaya S. Achanzar*



**To gear up its performance and to strengthen its foundation for sustainable initiatives and innovations, Cagayan Valley Medical Center (CVMC) continues its journey for international standardization as it underwent and passed the International Organization for Standardization Quality Management System (ISO 9001:2015) Re-Certification last November 2018.**

CVMC through an independent third-party registrar (certifying body), AJA Registrar Incorporated, went through a

meticulous and extensive quality audit of its processes on November 21-22, 2018.

According to the Medical Center Chief, Dr. Glenn Mathew G. Baggao, to be able to promote the integrity and accountability of the Center, it is very important to sustain its ISO certification.

“Such endeavor is a team work. Every employee of the Cagayan Valley Medical Center plays a vital role in our ISO journey,” Dr. Baggao explained.

During the closing meeting, the audit team of AJA Registrar Inc. - Eugene Herraduru, Raquel Rigo

and Melvin Grueso confirmed that CVMC complies with, adequately maintains, and implements the requirements of the ISO 9001:2015 standard.

“We are very happy and pleased that CVMC was able to finish and pass the external audit. For this, we continue to commit ourselves in serving our clients with utmost excellence,” said Dr. Baggao.

Prior to its re-certification, to ensure that the quality management system is still in place, the CVMC quality management



## KSA: Kulang sa ANGAS?

✍ Leon C. Batugal

The Cagayan Valley Medical Center, a Level III, teaching, training, and research facility caters to patients of the region and its nearby provinces. With its authorized 500 bed capacity, its census for the year 2018 summed-up to 37, 304 admitted patients, with an average of 3, 108 monthly admissions or 104 patients daily.

This huge statistics practically puts the hospital operations in continuous maneuver and drives its resources in full throttle. And this is where doctors, nurses, and other health personnel are being challenged.

While every human being is uniquely embedded with a state of balance on Knowledge, Skills and Attitude (KSA) utilizing their free will, hospital staffs are relentlessly challenged to maximize their potentials. It is a challenge that leads us to ponder upon sacrum (S2), which is the center of gravity of the human body's skeletal system that resembles a frame of human mind otherwise known as attitude.

Attitude mirrors an innate way of thinking or feeling about someone or something. It is a settled state of being that emanates beyond borders.

It is a choice to be profoundly excellent on knowledge and skills with rotten values. Or a personality that is superior in whipping a boundless practice of ego and superego elements. Nonetheless, the best direction is to put attitude over knowledge and skills for they could be

learned eventually.

Attitude in providing healthcare services is a crucial component that is highly required from all professionals in order to establish balance and harmony in any setting. On the other hand, S2 as the center of mass directs the position of the body; and in like manner, attitude labels a person to the point of ruining the goodness previously publicized. However, the bottom-line is, the attainment of balance should be implied for any action correlating to either S2 function or attitude per se.

Attitude may be illustrated with Angas (Filipino for boastfulness):

- A** - Attribute has a causal component that is reflective of human becoming with sound mental state;
- N** - Natural self without any use of façade to sugar coat what is not real;
- G** - Genuineness of intention for the greater good is succinctly shown;
- A** - Adequacy of care without limits in accordance to standards; and
- S** - Services with utmost dedication and accountability to the profession.

With thorough examination of self, do we carry the right attitude towards our professions? Do we have the appropriate fulcrum with the way we carry our activities of daily living? In our workplace, do we even incorporate continuous value system formation while we apply our knowledge and skills according to standards? 📌

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## CVMC builds Acute Stroke Facility

✍ Kim Jay P. Baccay

To adhere to the needs of many while listening to the clamor for advanced care and shelter for the critically ill, the Cagayan Valley Medical Center (CVMC) under the management of Dr. Glenn Mathew G. Baggao heed the call with the ground breaking of the one (1) storey acute stroke building phase I on October 29, 2018.

In attendance were the CVMC top management, Dr. Glenn Mathew G. Baggao and Dr. Cherry Lou M. Antonio and department heads along with neurologists of the region, Dr. Noreen Trinidad, Dr. Kathreen Jane Lara, Dr. Marites Sibbaluca, Dr. Marlene Cinco and Dr. Vanessa Valera as well as the Department of Internal Medicine chairman, Dr. Wilzon Manuela



Dr. Glenn Mathew G. Baggao, Medical Center Chief together with Dr. Cherry Lou M. Antonio, Chief Medical Professional Staff II and the Department Head of Internal Medicine, Dr. Wilzon S. Manuela and members of the Cagayan Valley Brain Attack Team pose for the groundbreaking ceremony of the Acute Stroke Building on October 29, 2018.

celebrating mass seeking blessing for its construction.

The construction is within CVMC grounds situated in front of the Supply Office, adjacent the Histopathology Section. The unit promises state of

the art facilities with a modern feel while exuding a calm and restful environment. Also, the staff to man the said unit are nurses with advanced training on stroke. These nurses were trained in different tertiary hospitals in Manila. 📌

## CVMC ranked 7th in the 2017 PBB Office Ranking

✍ Jerbee G. Tamayo

All the hard work has paid off for the employees of the Cagayan Valley Medical Center as it earned itself a spot among the best performing tertiary hospitals in the country for the fiscal year 2017.

The hospital ranked 7th overall, besting 25 other Level III hospitals in the country. It was given a ranking of 87.42%. This was based on the Department Memorandum No. 2018 - 0367, which shows Performance - Based Bonus (PBB) office ranking for fiscal year 2017, released by the Department of Health on September 21, 2018.

Launched by the Aquino administration in 2012, the PBB is an

incentive given to eligible government employees and agencies to intensify public accountability, heighten transparency, foster stronger financial discipline, and improve performance management. Its ultimate aim is to improve the delivery of goods and services to all Filipinos.

The amount of PBB to be given will depend on the performance of the office. Employees from the best-performing units or "Best Delivery Unit" (top 10%) will get a PBB of 65% of their monthly basic salary. Employees from a "Better Delivery Unit" (next 25%) will get a PBB of 57.5% of their monthly basic salary. Lastly, employees from a "Good Delivery Unit" (next 65%) will get a PBB of 50% of their monthly basic salary.

CVMC's conquest to achieve not only a globally - competitive workforce but also a dedicated and passionate manpower has been continuous and consistent despite the ever-changing demands of its patients in terms of healthcare delivery and services. It has proven that working hand-in-hand will institute the achievement of an organization's ultimate goal. Indeed, the culture of excellence and public service will always be instilled upon its employees. 📌

Level III Hospital (S2)	Ranking	Basic
Philippine General Hospital	1st	95.0%
San Juan del Hospital	2nd	94.0%
San Juan del Hospital	3rd	93.0%
San Juan del Hospital	4th	92.0%
San Juan del Hospital	5th	91.0%
San Juan del Hospital	6th	90.0%
<b>Cagayan Valley Medical Center</b>	<b>7th</b>	<b>87.42%</b>
San Juan del Hospital	8th	86.0%
San Juan del Hospital	9th	85.0%
San Juan del Hospital	10th	84.0%
San Juan del Hospital	11th	83.0%
San Juan del Hospital	12th	82.0%
San Juan del Hospital	13th	81.0%
San Juan del Hospital	14th	80.0%
San Juan del Hospital	15th	79.0%
San Juan del Hospital	16th	78.0%
San Juan del Hospital	17th	77.0%
San Juan del Hospital	18th	76.0%
San Juan del Hospital	19th	75.0%
San Juan del Hospital	20th	74.0%
San Juan del Hospital	21st	73.0%
San Juan del Hospital	22nd	72.0%
San Juan del Hospital	23rd	71.0%
San Juan del Hospital	24th	70.0%
San Juan del Hospital	25th	69.0%

# Ample blood supply attained through Blood Olympics

Garry Anthony B. Pagaddu



LGU officials, CVMC team and donors from the City of Ilagan, Isabela during the Blood Olympics.

The Community Blood Services (CBS), a sub-section of Blood Bank of Cagayan Valley Medical Center (CVMC) conducted a series of blood letting activities dubbed as the "Blood Olympics" with large number of blood donors for the whole month of November 2018. These activities were hosted by various sectors of the community such as Local Government Units (LGU), non-government organizations (NGOs), colleges and universities and religious sectors.

It is the commitment of the said section to provide adequate supply of blood in the region. Recently, the city of Ilagan conducted a 2-day Blood Olympics on November 21 and 22, 2018 with more than 1000 blood donors successfully bled.

Baggao, Cagayan, the awardee of the SANDUGO Most Outstanding LGU, shared 588 blood units. Other sections contributed to the huge number of blood units collected in the 4th quarter of 2018.

The said blood units were screened and stored for a limited time before its use. Regular blood donation from a healthy individual is highly recommended to ensure blood is available when it is most needed by patients for transfusion.

# Clinical Laboratory obtains accreditation from NRLs

Donna Therese M. Taguinod

The Department of Pathology and Laboratories continues its feat as the premier laboratory in the Region as it recently received two major certifications from the National Reference Laboratories(NRL).

Certification of Antimicrobial Resistance Surveillance Program (ARSP) Accreditation was given to the Bacteriology Section by the Research Institute for Tropical Medicine (RITM) on July 2018.

The said certification will cover the period July 1, 2018 to June 30, 2021 and shall allow PhilHealth reimbursement of select antibiotics in the Philippine National Drug Formulary (PNDF) as stipulated in PhilHealth Circular No. 15, s-2006 and DOH AO No. 2015-0049.

Meanwhile, the Diagnostic Serology Section was also identified to be a confirmatory laboratory for HIV testing after it passed the initial



Dr. Jane G. Pagaddu, head of the Dept. of Pathology & Laboratories with medical technologists share inputs during their brainstorming at the Pathology Conference Room, July 2018.

quality system audit conducted last August 10, 2018 by the National Reference Laboratory-San Lazaro Hospital-STD AIDS Cooperative Central Laboratory (NRL-SLH/SACCL).

Dr. Elizabeth Freda O. Telan, head of SLH/SACCL led the initial

assessment. The rapid HIV diagnostic algorithm (rHIVda) is a joint project of the DOH-Disease Prevention and Control Bureau (DOH-DPCB), SLH/SACCL, World Health Organization (WHO) and Global Fund to facilitate access for HIV testing and to establish incidence of HIV infection in the country.



ISO-TEC Committee members, pose after the conduct of orientation and re-orientation seminar (lower). Together with Mr. Noel Arnedo, Head Finance Division, Ms. Eleanor Collado, ISO-TEC Vice-Chairw, Dr. Cherry Lou M. Antonio, Chief of Medical Professional Staff II (CMPS), Dr. Jane G. Pagaddu, Quality Management Officer (QMO), Ms. Olivia SB. Gonzales, Chief Nursing Officer (CNO), and ISO-TEC Chair, Ms. Jocelyn Sorita. (upper left to right)

# ISO-TEC prepares CVMC for re-Certification

Kathrina N. Lingan

In a preparation for the upcoming re-certification for ISO 9001:2015 by Anglo Japanese American (AJA) Registrars, Cagayan Valley Medical Center (CVMC) through the initiative of the ISO Training and Education Committee (TEC) conducted series of orientation and re-orientation seminar among CVMC employees. The Committee also performed Monitoring and Evaluation (TEC Audit).

The goal of these activities is to ensure the implementation of the cascaded information/inputs about Quality Management System (QMS) and identification of training needs of all process owners.

The members of the Committee have also undergone a refresher seminar under the tutelage of the ISO-TEC Chair, Jocelyn I. Sorita. She highlighted the functions of the committee and the expected roles of the members during the audit as well as during the orientation seminars. The Committee also revisited its manual of policies and procedures and fine-tuned them to improve the Committee's performance functions.

The series of activities conducted by ISO TEC started September 24, 2018. For a week, members of the Committee went through fifty-eight (58) auditable units to assess implementation of ISO-QMS in the unit/section, conducted immediate mentoring to auditees if needed, provided feedback to unit/section heads for concerns needing immediate action, collated results, submitted written feedback/recommendation to concerned heads and conduct unit orientations when necessary. Once the audit is completed,

the results were collated and feedback of the results were disseminated to all department/section/unit heads. A feedback of the week long audit was also presented by Sorita during the expanded ManCom on November 6, 2018.

After the audit, the Committee prepared for the series of orientation and re-orientation seminars it will conduct. Its first was for newly hired employees of CVMC. This was held on October 4 and 9, 2018. The same seminar was also executed among old employees on October 8,9,19 and 20, 2018. The Committee planned on involving all employees of the institution in preparation of the upcoming ISO re-certification on November 22 and 23, 2018.

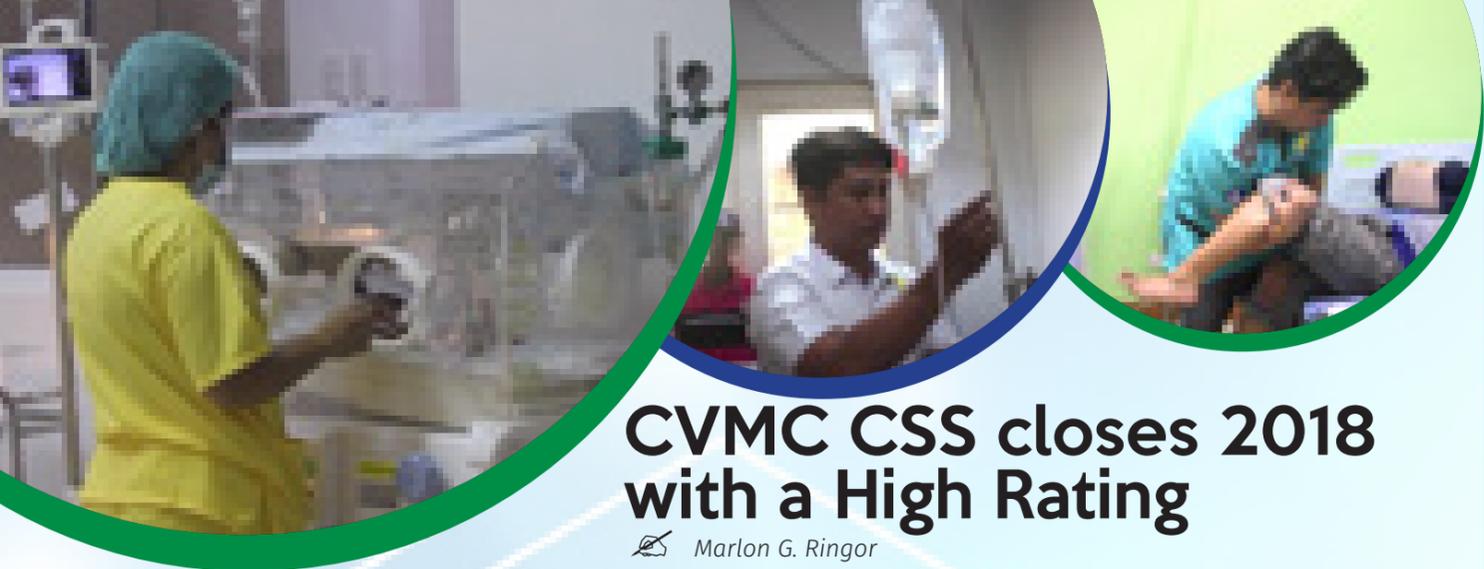
The seminars started with the opening formalities, acknowledgement of participants and inspirational message by Dr. Glenn Mathew G. Baggao, Medical Center Chief II and the Quality Management System (QMS) Top Management. Dr. Baggao expressed his appreciation to everyone for partaking in the event as this was an institution-wide activity and will entail the cooperation of everyone to achieve the ultimate goal of re-accreditation. The objective of the orientation and re-orientation was to promote consistency of practice with documented procedures.

Pretest was given to all participants to gauge their knowledge about ISO and other related topics. A posttest

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ISO-TEC Committee members prepares for the conduct of orientation and re-orientation seminar.



## CVMC CSS closes 2018 with a High Rating

*Marlon G. Ringor*

The 2018 net average Customer Satisfaction Survey (CSS) of the Cagayan Valley Medical Center (CVMC) exceeded its target rating of 95% for the period of September, 2017 to September, 2018 as per Hospital Customer Service Committee Form - HC-017-0

The CSS was taken from January to December with a monthly average of 1,720 respondents or 98.78%. They found the services provided to be "highly appreciated".

"Awan rason nga agreklamo kami ta mayat ti serbisyo da," remarked one of the patients.

"We have no reason to complain. Their service is good," remarked one of the patients.

In the first quarter of 2018, patients, watchers and visitors went to an average of 99.5%, and slightly went down to 98.12% during the second quarter. However, during the third quarter, there is a difference of 0.17% (98.84%) from the last quarter of the

year with an average of 99.01%.

The customer net satisfaction with a high rating was attributed to its state-of-the-art facilities, accommodating employees, highly competent staff and provision of good services like the full implementation of the No Balance Billing Program of the Philhealth Inc., New Born Screening Confirmatory Test and many more.

CVMC CSS continues to whip its might in realizing its new target of 100% for 2019. 📈

## DOH-EU-PSHR holds First Post Graduate Dean Conference

*Alizza Love F. Velasco*

The Department of Health (DOH) with the support of European Union-Philippine Health Sector Reform (EU-PSHR) held its first Post Graduate Dean Conference on October 2, 2018 at Winford Hotel and Resort in Manila.

This activity was designed to gather Medical Training Officers of DOH Teaching and Training Hospitals, LGU Hospitals, Specialty Societies and their certifying bodies and other stakeholders to share good practices and to raise standards across the country.

The objective of the conference is to update stakeholders on the implementation of Medical Residency Rotation Strategy (MRRS) in order to assist the LGU Hospitals in improving their standards in the delivery of healthcare system.

The program is divided into four (4) sessions. Session I: How are we doing in taking medical specialist in the Public sector?, Session II: How are we doing so far?, Session III: Gaining the tools to improve our performance, Session IV: How do we extend the Provision of Training Medical Specialists?

During Session I, chairpersons of different specialty societies namely the Philippine Specialty Board of Internal

Medicine, Philippine Board of Surgery, Philippine Board of Obstetrics and Gynecology, Specialty Board of Pediatrics, and the Philippine Board of Anesthesiology, presented the passing rates in their respective certifying boards and compared passing rates between physicians trained in private hospitals versus physicians trained in DOH retained hospitals in order to give an overview of the status of the different training Institutions.

Meanwhile, Dr. Max Simbulan, Associate post graduate Dean, updated the audience on the implementation of MRRS across the Philippines. Dr. Ann Maestral, Chief of Clinics of an LGU Hospital and Dr. Alfonso Danac from DOH retained hospital shared their views and experiences on MRRS.

Several feedback and educational appraisal were discussed during session III

On the last session, Dr. Christin Co, OIC, Director IV, of Health Human Resources Development Bureau (HHRDB) presented the current distribution of residents in DOH Teaching & Training Hospitals while Dr. Abundo Balgos, Associate Post-Graduate Dean in Visayas, enumerated the steps necessary for an LGU Hospital to prepare to obtain Residency Accreditation. Dr. Imelda Mateo of COH-Amang Rodriguez Memorial



Medical Center discussed on the steps to develop exchange programs between Manila and Regional Teaching and Training Hospitals.

Overall, queries regarding the MRRS implementation were not fully answered, but they explained that MRRS is only a Pilot Program. They pointed out that MRRS is different from the Deployment Program.

Nevertheless, the resident physicians of the Cagayan Valley Medical Center were scheduled for a Memorandum of Agreement (MOA) starting October 11, 2018 and the commencement of the MRRS Program was scheduled on January 2019. However, our partner hospital(s) is yet to be identified. 📅

## news

# 73 employees join CVMC workforce

*Reyna Marie Pacallagan*

In its aim to maintain the delivery of quality healthcare and to address the increasing number of clients, the Cagayan Valley Medical Center (CVMC) continues to grow as family with 73 newly appointed employees and 79 promoted employees from July to December 2018.

### NEWLY APPOINTED EMPLOYEES

Acluba-Pauig, Ann Nuelli B.  
Adviento, Corazon W.  
Agati, Tito G.  
Agor, Ladilyne N.  
Aguisanda, Rey Vincent T.  
Agustin, Jovelyn A.  
Agustin, Liza E.  
Alan, Jena Lynn M.  
Andres, Rechelle S.  
Antonio, Wency B.  
Apostol, Jaymark B.  
Arao, Suzette M.  
Bacud, Romel A.  
Badajos, Jovelita P.  
Balisi, Jun-Jun B.  
Balmores, Romelyn G.  
Cadang, Jhorell S.  
Calagui, Joy Jasmine S.  
Callo, Zenaida R.

Camacho, Angelita C.  
Cariño, Ernan S.  
Darilag, Larnie Ashley Dg.  
Delos Santos, Isabelle Y.  
Duarte, Abigail Crizel T.  
Enriquez Lorna C.  
Escobar, Pocholo Exekiel P.  
Gaba, Arnold Jr. A.  
Gacias, Mark Angelo M.  
Gammuaac, Jake A.  
Gannaban, Francis G.  
Gaspar, Edmalyn V.  
Guzman, Haizel C.  
Herrera, Jayaysa O.  
Hurtado, Charysse Zylma T.  
Irorita, Maria Cristina Joy T.  
Lasam, Baldomero Iii T.  
Layugan, Celia G.  
Lim, Rona Claire U.

Maborang, Charise Gae P.  
Macatuggal, Mary Ann L.  
Malamug, Ronie D.  
Malana, June R.  
Miguel, Jake Albert T.  
Oandagan, Larae Avonna D.  
Olivas, Dulce Theresa U.  
Ong, Ara Camille D.  
Pagaddu, John Vincent A.  
Paguirigan, Reenelyn D.  
Panaligan, Mae M.  
Paraggua, Erwin P.  
Peralta, Rezalyn L.  
Perez, Coleen R.  
Pinion, John Ralph F.  
Reyes, Sheryl Dell C.  
Salazar, Francisco Jr. P.

Salmazan, Jay Albert G.  
Santos, Jayson H.  
Soriano, Gretchen Olivia B.  
Suguitan, Sherly F.  
Tabaniag, Lyce N.  
Taguam, Heidi C.  
Taguam, Marvie B.  
Taguibao, Kerry Katerina T.  
Talay, Rea Joy C.  
Torio, John Christopher P.  
Tumanguil, Angelo C.  
Udaundo, Jezem J6 D.  
Uy, Novilyn E.  
Valdez, Jose Jr. E.  
Villanueva, Janet Sicorro M.  
Zamora, Sheena Joy A.  
Zuñiga, Albert Robin R.

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## HIMS - IHOMP to use EpiInfo

*Eden T. Obcena*

On October 16-18, 2018, staff from the Hospital Information Management System (HIMS) and Integrated Hospital Operation Management Program (IHOMP) Unit attended the EpiInfo seminar conducted by the Department of Epidemiology and Biostatistics College of Public Health University of the Philippines Manila.

EpiInfo is a series of free and publicly available tools or open source software designed to help public health professionals conduct outbreak investigations, manage surveillance databases, and perform statistical analyses.

From a user's perspective, the most important functions of Epi Info are the ability to rapidly develop a questionnaire; customize the data entry process; quickly enter data into the questionnaire; and then analyze them for epidemiological uses, such as outbreak investigations.

The program allows electronic survey creation, data entry, and analysis. Within the analysis module, analytic routines include t-tests, Analysis of Variance (ANOVA), nonparametric statistics, cross tabulations and stratification with

estimates of odds ratios, risk ratios, risk differences, logistic regression (conditional and unconditional), survival analysis (Kaplan Meier and Cox proportional hazard), and analysis of complex survey data.

EpiInfo uses three distinct modules to accomplish these tasks: Form Designer, Enter and Analysis. Other modules include the Dashboard module, a mapping module and various utilities such as StatCalc.

The information technology

environment that created the original Epi Info is now a distant memory. In recent years, the capabilities of hardware and software available to public health professionals have increased tremendously.

What is obvious is Epi Info cannot continue to be all things to all people; and, it has to find a place among other tools available to public health professionals. The challenge is to continue to provide the right kind of tool to help public health professionals perform their work. 📊



The participants from various healthcare facilities across the country sit for a picture during the Epi Info seminar, October 18, 2018.

# CVMC welcomes WIP of SHS

*Czarina D. Canicula*

Cagayan Valley Medical Center is a government, tertiary, teaching, training and research hospital of the Region providing quality patient care. As a training hospital, it continues to soar beyond the boundaries. One of its newest offering is the accommodation of Senior High Students for the Work Immersion Program (WIP) as required by the Department of Education.

A Senior High School student has to undergo Work Immersion in an industry that directly relates to the student's postsecondary goal. Through this program, the students are exposed to and become familiar with work-related

environment in line to their field of interest. The activities prepare them to meet the needs and challenges of employment or higher education after graduation.

- Specifically, the students are able to:
1. Gain relevant and practical industrial skills under the guidance of industry experts and workers
  2. Appreciate the importance and application of principles and theories taught in school
  3. Enhance their technical knowledge and skills
  4. Enrich their skills in

communications and human relations

5. And develop good work habits, attitudes, appreciation, and respect for work.

CVMC have catered to three (3) schools namely: Tuguegarao City Science High School, University of Cagayan Valley and Isabela Colleges, Inc. The students were assigned to the area in relation to their choice of course which are Nursing, Psychology, Physical Therapy, Dentistry, Medical Technology, Pharmacy, Radiologic Technology, Social Service and Biology. The approved schedule are as follows:

School	Dates	Students
Tuguegarao City Science High School	January 18, 2018 – February 23, 2018	28
University of Cagayan Valley	May 10, 2018 – May 17, 2018	36
Isabela Colleges Inc.	November 13, 2018 – December 11, 2018	18
Tuguegarao City Science High School	December 12, 2018 – March 1, 2019	58

Overall, there were 82 Senior High Students who took their Work Immersion at CVMC. Additional 58 students will be finished by March 2019. Graduates

of the program shared that their experience was satisfying and very much fulfilling. Cagayan Valley Medical Center proves that it is still the institution of

choice when it comes to quality training of students. With this, the institution is definitely on its way to becoming the Center of Excellence in Training.

## ICpEP holds 2018 NatCon

*Amadelle Martinez*

Three staff from the Integrated Hospital Operation Management Program (IHOMP) Unit of the Cagayan Valley Medical Center (CVMC), attended the Institute of Computer Engineers of the Philippines' (ICpEP) National Convention 2018; 6th ICpEP National Conference on November 26-29, 2018 in Baguio City.

The theme: "Enhancing Computer Engineers' Capability towards 4th Industrial Revolution and Technology Business Incubation" was elaborated on Computer Applications, Innovations, Technologies and Engineering (CAITE 2018), 2018 National CpE Challenge and 2018 ICpEP Annual General Assembly.

The convention gathered



Photo taken with the Regional President, Ms. Melody S. Paned (center) and other representatives of Region II

Computer Engineers and students to update them on the latest and future trends in the industry. It also gave an opportunity for Computer Engineers to share their research outputs and enhance the capabilities of Computer Engineering students through competitions like programming, logic circuits and breadboarding, quiz bowl and its first-ever Robotics competition.

This NatCon unveiled the organization's transformation and strategic directions, it also launched its ICpEP website and updated the

participants on the long-awaited Computer Engineering (CpE) Certification. Expansion of knowledge and development was built up through lectures from different renowned personalities and exposure to the latest IT innovations.

Since CVMC is rapidly expanding, there is a need to adapt to the growing role of digital technology. Hence, this convention offered great opportunity and knowledge in upgrading, upskilling and innovating in order to respond to the changes driven by the 4th Industrial Revolution.



Selected CVMC employees showing return demo after the training.

## HEMS conducts Fire Drill, BLS Training

*Ligaya S. Achanzar*

The Health Emergency Management Staff (HEMS) of the Cagayan Valley Medical Center (CVMC) headed by Dr. Angel A. Cayetano, Disaster Risk Reduction and Management in Health (DRRM-H) Manager, in collaboration with the Bureau of Fire Protection Regional Office No. 02 conducted a fire drill in November 2018 at the Payward of the said medical center to heighten the awareness and knowledge of the participants on what to do before, during and after a fire.

Prior to the conduct of the drill, Dr. Cayetano sought for the approval of the Medical Center Chief, Dr. Glenn Mathew G. Baggao. He also communicated with the other divisions of the hospital such as the Nursing Division, Medical Division, Finance, and HOPSS for providing participants and also for forming a fire brigade team who will serve as contact persons in case of fire.

After which, he also coordinated with the Tuguegarao City Fire Station to

facilitate the conduct of a brief lecture regarding fire safety and prevention prior to fire drill activity.

"It is very important that the participants are re-oriented on the basics of what to do during fire particularly on the proper use of a fire extinguisher," Dr. Cayetano said in an interview.

The said activity was participated in by 51 personnel from the different divisions.

"It is not just about what we already know but how we apply our knowledge. We learned a lot and we hope that we would be able to apply these learnings in the future," Ms. Katrina Orosco, head of the Pay wards shared when asked.

A short post conference was done after the drill. Representatives from the BFP commended some strong points observed during the drill such as the presence and awareness of exit points and

well organized Disaster control Group or Emergency Response Team.

On October 25-26 and November 8-9, 2018, the CVMC- HEMS through the leadership of Dr. Cayetano also initiated the conduct of Basic Life Support (BLS) training to selected participants from the different offices, units, wards and departments of CVMC.

The main objective of the seminar/training is to provide participants knowledge, skills and attitude that will enable them to deliver first aid interventions during emergencies and disasters.

The HEMS is also committed towards making the entire CVMC Staffs well prepared, capacitating the mind and body for the purpose of multiplying the medical professionals and non-health technical experts as well equipping them to adequately respond and to manage health emergencies.



## CVMC ISO-TEC prepares...

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ensued measuring their learning about the topics.

Sorita who spearheads the Committee was among the speakers during all the seminars conducted. Her discussions included different concepts of ISO 9001:2015 like the benefits of ISO to the organization; the history of the implementation of ISO in DOH; qualities of a good leader; the difference

of the two (2) versions of QMS; and the preparation to be done prior to the 3rd party audit. The hospital quality policy and its objectives were also tackled.

All of the orientation seminars were attended by Dr. Jane G. Pagaddu, the Quality Management Representative (QMR). In it, she emphasized the importance of the employees' familiarity with their documented

quality procedures. Pagaddu urged everyone to direct their concerted effort in doing their job the best way possible every day to make it their standard of practice, that will eventually become a habit.

At the end of the orientation, the participants verbalized increased confidence in facing the accreditors. They said, topics were concisely discussed in simple terms; and they were more inspired to work towards re-accreditation process providing better and improved service to clients.

73 employees join...

from page 7

**PROMOTED EMPLOYEES**

Babaran, Romiro P.  
Baccay, Godofredo D.  
Cinco, Marlene C.  
Iringan, Marites C.  
Jularbal, Belen V.  
Lim, Chona S.  
Mariano, Reigelson J.  
Panuncio, Yulo Vincentjr. B.  
Pascual, Aladin M.  
Pastor, William B.  
Arugay, Kristine S.  
Arugay, Ma. Angustia Lee S.  
Barangan, Joan T.  
Bernarte, Mary Grace Dc.  
Buñag, Ximena Decyree B.  
Capelo, Kathleen Mei D.  
Caranguian, Louie Mark D.  
Casauay, Olga Pamela A.  
Castillo, Kharen B.  
Catulin, Kirby Keith Clyde C.  
Cebu, Rose Ann D.  
Clavecillas, Ray Christopher D.  
Datiles, Charmaine C.  
De Leon, Rex Loren B.  
Dizon, Naida E.  
Duldulao, Anna Marie D.  
Fernandez, Siegfred M.

Gaspar, Shandee S.  
Lorenzo, Christy Galerea S.  
Mabborang, Gemalyn A.  
Pamittan, July-Ann C.  
Perez, Susana Mae J.  
Quiñonez, Shayne Lourdes M.  
Rafael, Felisa A.  
Tagatac, Lilet M.  
Tolention, Joven C.  
Usquisa, Shella Mae F.  
Valencia, Jose Carlo B.  
Arugay, John Theodelio A.  
Balubal, Kristy Joy B.  
Banatao, Roderick P.  
Duldulao, Gizelle Marie T.  
Dumelod, Faye Shamaine B.  
Laggui, Carmina Joy S.  
Libuton, Melchor M.  
Ramiscal, Rio Belle D.  
Tumanguil, Roderick M.  
Castro, Maria Cristina Y.  
Caulan, Marissa A.  
Columna, Eva Fe R.  
Corpuz, Mary Hanzelle B.  
Cruz, Iverson S.  
Enolva, Rachelle O.  
Flores, Emanuela M.

Gallebo, Brendalyn A.  
Guzman, Christian Vion B.  
Macarubbo, Mark Gil C.  
Pallaya, Julie Ann U.  
Taguba, Drazen Renoir A.  
Tulauan, Ma. Teresa T.  
Batan, Lormie R.  
Caleda, Darlene July A.  
Callangan, Dorothy C.  
Carodan, Arnel P.  
Cauan, Mark Lester B.  
Danguilan, Rhea Bernadette R.  
Doliente, Edralyn A.  
Gauang, Ched Arvi B.  
Gollaba, Rita Mae J.  
Guevarra, Alvin C.  
Labang, Roberto Jr. S.  
Labasan, Cristian Paul T.  
Ledesma, Vienna Mei R.  
Ote, Enrique Leonardo P.  
Pacallagan, Reyna Marie S.  
Tamaray, Annie Rose Sp.  
Ve, Maria Lia M.  
Villafuerte, Clare Ma. Lucile T.  
Yabut, Clinton P.

The new sets of workforce have undergone evaluation and interview by the Human Resource Merit Selection and Promotion Board.



Random pictures of newly appointed and promoted employees together with the division heads and the administering oath officer, Dr. Glenn Mathew G. Baggao, Medical Center Chief II.



## CVMC Finance hosts MOP review

*Karen Ann C. Pascual*

"A Leading Hospital Finance Service providing excellent financial management system to health care facilities at par with international financial standards", has always been the battle cry of the Department of Health (DOH) Finance Service. Its functions include providing leadership in the area of financial services, resource rationalization and professional consultancy to aid the organization achieve effectively and efficiently its quality objectives and plans.

With this vision, the Department of Health (DOH) Finance Technical Working Group (TWG) composed of selected Financial Managers, Finance Division Heads, Accountants, Administrative Officers, and other selected Hospital Finance Management Officers under the DOH convened on October 17-20, 2018 at Villa Blanca Hotel, Tuguegarao City to address the intensifying needs of hospital finance service operations.

The highlight of the three-day workshop was to enhance the 2008 created version of the Manual

of Standards of Hospital Finance Service analogous with the current hospital financial trends and policies. The manual covers all major financial management processes including policies and procedures applicable and necessary for offices under the Finance Service at hospital setting to wit: Office of the Finance Officer, Accounting Department, Budget Department, Cash Operations Department, and Billing and Claims Department.

The workshop was hosted and facilitated by the Finance Staff of the Cagayan Valley Medical Center (CVMC) spearheaded by the Finance Division Head, Mr. Noel B. Arnedo, CPA. The following finance managers were among the participants:

- **Maria Ella Guerrero**  
- San Lazaro Hospital
- **Joanabelle Orzales**  
- National Children's Hospital
- **Marivilla Osorio**  
- Rizal Medical Center
- **Melanie Lomotan**  
- Quirino Memorial Medical Center
- **Eduard Pudlao**  
- Baguio General Hospital &

- Medical Center
- **Victoria Soan**  
- Mariveles Mental Hospital
- **Eric Nillas**  
- Southern Philippines Medical Center
- **Ricky Gaborno**  
- DOH - Treatment and Rehabilitation Center-Bicutan
- **Heidi Calabines**  
- Magallanes District Hospital, Sorsogon
- **Eleonorita Reyes**  
- DOH-TWG Consultant

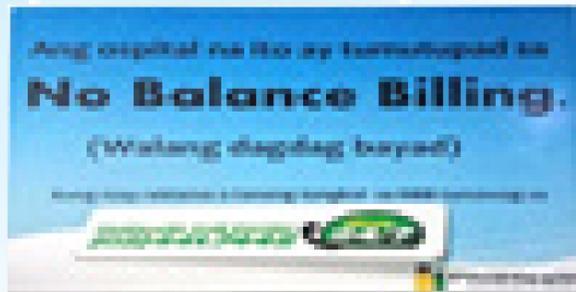
The workshop was also attended by Dr. Glenn Mathew G. Baggao, Medical Center Chief II. In his speech, he mentioned "Finance is the lifeblood of the Organization". He then emphasized the importance of Finance Service in the organization and shared actual proficiencies that provided CVMC a breakthrough on the field of Finance.

The workshop concluded with a closing program and awarding of certificates to the adviser and participants.



# CVMC achieved full NBB implementation

*Jerbee G. Tamayo*



Cagayan Valley Medical Center (CVMC) again pushed itself to the limit as it has proved anew its unceasing endeavor towards equitable quality health care services.

Philippine Health Insurance Corp. (PhilHealth) record for September 2018 showed a percentage of 100% No Balance Billing (NBB) compliance rate for CVMC.

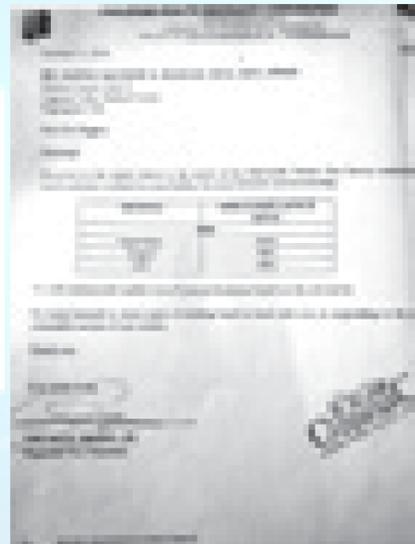
In 2011, PhilHealth introduced the No Balance Billing program, which is a privilege given to qualified PhilHealth members. NBB policy cites that no expenses or fees shall be paid by the patient during

the confinement period at any government hospital and selected private medical centers across the country. It is the government that pays for the member's hospital expenses without prejudice to the quality of service and attention given to the patient.

This policy has a particular predilection for the more vulnerable sectors of the society which include the indigent, sponsored members, domestic workers, lifetime members, and senior citizens. It indeed provides benefits to patients including quality care, access to basic comforts, adequacy of drugs, availability of diagnostic procedures and laboratory tests, and professional services.

Truly, CVMC has successfully levelled the playing field for both the financially capable and those that are

not to get access to equal treatment and quality services. Hence, not one patient, regardless of their financial status, will be left behind. To be treated with the utmost care is a basic need and therefore should be afforded to all.



# IQAs conduct post audit

*Zedfrey B. Maguigad*

"AUDIT will not stop after an audit, it is endlessly existent within the system." This is very evident as the Internal Quality Audit Committee (IQA) headed by Ms. Roselle L. Varon conducted their biannual audit on November 27-29, 2018, a week after the Cagayan Valley Medical Center (CVMC) was recommended as an ISO 9001: 2015 Accredited institution by the Anglo Japanese American (AJA) Registrars, a uniquely independent third party registrar (certifying body) operating from a global network of offices offering third party registration and training.

One of the highlights of the audit is to check the compliance of the institution against the set quality procedures, international standards as well as the regulatory and statutory requirements.

The thirty-three (33) qualified auditors equipped with knowledge, required audit skills and guided with the standard audit checklist were deployed to all auditable areas which include clinical units, offices and committees to conduct compliance audit through paper, people

and process approach as mandated by the certifying body.

Prior to the audit, the Committee conducted their adequacy audit on November 23, 2018. The auditors were given time to have an overview on the procedures of the areas assigned to them. During this time, the Committee formulated a standard checklist in order to standardize the audit process and assured that all areas of the international standard were covered as required in every unit of the institution.

The results of the audit conducted will be presented during the Management Review (MR) with the heads of different divisions/departments/sections.

The conduct of internal audit was in compliance with the requirement of the International Standard that internal audit shall be planned at intervals. With that, the Internal Quality Audit Committee (IQA) will continuously uphold the standard in order to maintain the highest quality service to all stakeholders.

## ISO Re-Certified from page 1

team conducted series of capability building cum training - workshops for the different committee members through the leadership of the Quality Management Representative (QMR), Dr. Jane Pagaddu.

A surveillance audit was also done on October 15-16, 2018 and a follow-up quality audit on November 7-9, 2018. These audits were completed through the guidance of the Macro Vision Consultancy (second-party audit) auditors, Margellajun Albano and Enrico Pandun.

The successful re-certification was led by Dr. Glenn Mathew Baggao and the four division heads: Dr. Cherry Lou M. Antonio, Ms. Olivia SB Gonzales, Ms. Melita T. Taguibao and Mr. Noel B. Arnedo.

CVMC first obtained its ISO certification under ISO 9001:2008 standards in December 2015. After a year, in January 2017, it was granted with ISO 9001:2015 certification.

# TB DOTS spearheads Lung Month celebration

*Rhodora Piatti M. Salazar*

Cagayan Valley Medical Center-CVMC opened its TB DOTS Clinic during the inauguration August 29, 2018.

The National Lung Month is observed annually on the month of August to recognize lung related diseases and tuberculosis (TB) burden in the country. Cagayan Valley Medical Center is committed in delivering quality care and TB services among our presumptive and existing TB patients. Celebrating this event, is an opportunity to increase public awareness that TB remains a public health concern due to stigma, ignorance and lack of knowledge concerning the disease.

The CVMC TB DOTS core team commemorated this event with the theme: "Healthy Lungs, Happy Life Para Galing LUNGS". It was a special day for all of the management, staff and patients of this institution, as this occasion draw unparalleled enthusiasm as everyone witnessed the blessing of the new office, a nurturing day for the community when it conducted a layforum for the patients, awareness seminar for the hospital staff and a fund raising activity for patients welfare through "Ukay for a Cause" simultaneously done in one significant day on National Lung month.

On August 29, 2018 at DOT and Screening area of TB DOTS Unit, a forum for the patients and relatives were started. The lecture was delivered by the Resident Pulmo-rotator, Dr. Maria Angelica T. Pauig, wherein the topic presented is on TB Awareness, Prevention and Control.

Guests, well-wishers, staff and the management all gathered to take part in the celebration of the inauguration and blessing of the new TB DOTS Clinic and PMDT Unit.

Dr. Glenn Mathew G. Baggao, CVMC Medical Center Chief II spearheaded the ceremony together with the Chief Medical Professional Staff II, Dr. Cherry Lou M. Antonio. They inaugurated the office by cutting the ribbon. Rev. Fr. Ferdinand Baculi led the ceremony of blessing through prayer service. Some of the division heads, department heads and resident physicians of the hospital were also there. Among this guests of this event was the Head of Medicine Department, Dr. Wilzon Manuela, Unit Head, Dr. Janette C. Mata, former TB DOTS Heads, Dr. Giselle Patagguan and Dr. Jose Carlo Valencia, clinic physician Dr. Marcelina M. Ringor, Chief Nursing Officer, Olivia SB, Gonzalez, TB DoTS supervisor Josephine Turingan, and Training Officer of Nursing Division, Lizeel Canapi.

After the blessing, a seminar on tuberculosis followed wherein the participants were selected hospital staff.

In the afternoon, the hospital lobby prepared for the "Ukay for a Cause" where proceeds of the activity will be for the benefit of our Multiple Drug Resistant-Tuberculosis (MDR-TB) patients. The items sold in this activity were donated by the staff of this hospital, Department of Health Region 2, and City Health Office of Tuguegarao.



Dr. Glenn Mathew G. Baggao, Medical Center Chief and Dr. Cherry Lou M. Antonio, Chief Medical Professional Staff II cut the ribbon in the blessing and inauguration ceremony of the TB DOTS Clinic on August 29, 2018.

✍ Charise Gae P. Mabborang, William P. Apostol, Clara Encarnacion A. Malana

## Awareness on Family Planning

The Family Planning (FP) Program is a major health program of the Department of Health (DOH) which serves as the key in decreasing incidence of maternal death, infant death and teenage pregnancies.

The DOH highlights this year's theme: "Pamilyang Planado, Panalo! #FamilyPlanningTryMo!", in support to Food and Drug Administration (FDA) Advisory No. 2017-302 issued last November 2017 containing the list of 51 contraceptive products which are found non-abortionifacient or does not cause abortion.

The Health Education and Promotion Office (HEPO) in collaboration with the Department of Obstetrics and Gynecology

-FP section of this medical center spearheaded the celebration of Family Planning Month through conduct of a Lay Forum on Long Acting and Permanent FP Methods and Film -viewing of FP Testimonials and Collaterals on August 28, 2018.

The activity aims to enhance public awareness on the different methods of family planning and its benefit thereby promoting uptake to achieve the desired number of children that couples can afford to raise. These methods help space pregnancies for at least three years to give mothers ample time to recover from physical and psychological stresses of pregnancy.

One hundred male and female CVMC employees participated during the conduct of the activity.

Dr. Criseline Tolentino - FP Program Coordinator along with Dr. Enrica Pataguan, Dr. Janet Chua and Dr. Monique Nolasco, resident physicians of the Department of Obstetrics and Gynecology, oriented the participants on different Long- Acting FP Methods especially Intra-Uterine Device (IUD) and Progestin Subdermal Implant (PSI) and Permanent FP methods such as Bilateral Tubal ligation (BTL) and Non-scalpel Vasectomy (NSV). They encouraged participants to undergo FP counselling to help them identify the FP method that suits them. 📷

## Handling children with neurologic disorders

The Health Education and Promotion Office in collaboration with the Philippine Pediatric Society North-Eastern Luzon Chapter thru its Vice President Dr. Cherry Lou M. Antonio held a 2-day seminar on Handling Children with Neurologic Disorders on December 11-12, 2018 at the CVMC Multipurpose Hall.

The seminar was proposed by Mr. Denjen Acluba of the Hospital Information Management Service. It was participated by CVMC employees.



Dr. Cherry Lou M. Antonio, the Chief Medical Professional Staff, discussed three topics: Neuro-embryological Brain Development; Neurodevelopmental Milestones; and Neurodevelopmental Disorders.

Dr. Jerry Sagabaen, Resident Physician of the Behavioral Medicine Department (aka Psychiatry Department) lectured on Intellectual Disability while Dr. Emeryl Layugan of the same department discussed Pervasive Developmental

Disorders.

Ms. Coleen Perez, Occupational Therapist I, discussed Occupational Management and Techniques Targeted for Pediatric Patients.

Videos were also presented to aid the lecturers in imparting salient matters related to the topics discussed.

Pretest and posttest were conducted which revealed that all of the participants gained more knowledge after the lectures. 📷

and Hypertensive Club, barangay health workers, teachers and residents of the said municipality attended the said activity.

Dr. Mary Hanzel B. Corpuz, resident physician of Department of Family and Community Medicine provided health education on signs, symptoms, treatment and management of the said disease. Moreover, Charise Gae P. Mabborang and William Apostol, senior nurses from HEPO oriented participants on healthy lifestyle especially smoking cessation.

Services like random blood sugar (RBS) testing and blood pressure (BP) taking were also delivered to participants and walk-in clients with the help of the staff of the Iguig Rural Health Unit. 📷

On December 13, 2018, the Health Education and Promotion Office (HEPO) in collaboration with the Department of Family and Community Medicine led the conduct of a community outreach in Iguig, Cagayan, bearing the theme: "Filipino Family: Fighting Diabetes!"

One hundred participants composed of members of the Diabetes

## On fighting Diabetes

Diabetes is a chronic disease characterized by high levels of sugar in the blood (hyperglycemia) because of inadequate production and function of insulin, the hormone, that regulates blood sugar levels. It can lead to serious complications such as stroke, heart attack, end-stage kidney disease, diabetic retinopathy and amputation.

In 2013, diabetes is the 6th leading cause of death among Filipinos based on the data from the Philippine Health Statistics, and over 6 million Filipinos are diagnosed to have diabetes, as declared by the Philippine Center for Diabetes Education Foundation in 2016.

feature

## On Collaboration and Coordination: The Power of Helping Hands

✍ Ligaya S. Achanzar

*"The threat from extreme weather events highlights the importance of investing in preparedness." - Sheri Fink*

Fighting the unpredictable results to damages and loses. But fighting with preparation results to lessen damages and loses.

Typhoons are already part of our life encounters. Definitely, it is one of the most unpredictable things to handle no matter how we prepare for it. All we could do is to lessen its aftermath and save lives.

Super Typhoon Lawin (Haima) in 2016 marked a horrible experience to people of Tuguegarao City and nearby towns. With the existence of the Sierra Madre mountains, we were confident that typhoon Lawin is just like any other typhoons we experienced- easy picky. But such confidence left Cagayan Valley Medical Center (CVMC) in complete devastation after a computed PhP 26,029,844.40 worth of damages in its infrastructure.

### Lessons from the Past, Direction for the Future

Dr. Glenn Mathew Baggao, Medical Center Chief, in cooperation with other Division Heads together with the Health Emergency Management Staff (HEMS), developed strategies to lessen danger to another imminent threat, typhoon Ompong (Mangkut).

Typhoon Ompong hammered Tuguegarao City on September 15, 2018. Its maximum winds of 205 km/h

and gustiness of up to 255 km/h led to heavy damage to high-risk structures and partial damage to structures made from first-class materials (Source: DOST PAGASA).

With the activation of emergency protocols while fulfilling the duty to protect and save lives, CVMC became a safe haven for patients, watchers, as well as its employees. Emergency meetings were conducted by the Top Management and HEMS to update and alert its Emergency Response Team to plan for possible moves they can extend before, during and after the landfall of typhoon Ompong. Safekeeping of equipment, supplies and materials were also done by different offices, sections and wards.

To further maximize the use of the new pay ward building, the basement was converted as a temporary evacuation area for some in-patients of the Pediatrics and OB-GYNE wards. Watchers or patient's relatives who were lodged at the Bantay Bahay were instructed to stay at the Out Patient Department (OPD) to keep them safe. Passageway from the Medical Ward going to the evacuation area was opened through the assistance of the Engineering Section. Dietary personnel prepared free foods for patients and employees on duty. Medical surgical supplies & medicines were made readily available for use and CVMC employees who were on duty were ready to deliver and extend their services.

### The Heart in the Face of Wrath

Despite the danger, Dr. Glenn

Mathew G. Baggao, Dr. Cherry Lou M. Antonio, the Health Emergency Management Staff through the leadership of Mr. Rochie Banatao, Assistant Disaster Risk Reduction Management in Hospital (DRRM-H) Manager, and some employee-volunteers faced typhoon Ompong as it made its landfall. They monitored the hospital and made sure that everyone is safe. Such leadership left the hospital with zero casualty despite some structural damages.

CVMC's heart in helping did not end when the typhoon left the country.

Lack of manpower and structural damages brought by typhoon Ompong did not hinder CVMC in providing quality patient care for every Cagayano. After the typhoon, giving aids and health services to patients that were also hit by the typhoon in other areas of Cagayan was done. The Emergency Response Team of the HEMS was kept activated in cases of further emergency or possible rescue outside the city of Tuguegarao.

### The Triumph of Giving

Truly, single role could make a multiple effect. Every careful planning and preparation eliminate doubts and fears. Every learning counts one life saved. So, educate yourselves and act swiftly. Be on the go. Participate in every disaster preparedness program. Share your knowledge and skills. Because no matter how hard typhoons may hit us, with the power of helping hands, we can never be torn apart. 📷

# CVMC Blood Bank: Interregional Blood Center at its best

✍ Donna Therese M. Taguinod and Garry Anthony B. Pagaddu

Growing up, we have been burdened with the responsibility of cultivating the world, and making it a better place. While it is safe to say that the responsibility is taken upon consideration only by those who are willing to walk an extra mile, an even greater challenge poses itself by breeding complacency and normalizing mediocrity. Such is the challenge that could only be battled by a principled mind— one that wills to action and one that solicits difference.

The CVMC Blood Bank has endured that challenge to intervene and make an impact to the society. As a designated Regional Blood Center, the duty accorded to provide a safe and adequate supply of blood for patients needing blood transfusion which mainly targets concerns from Cagayan, Isabela, Kalinga, Apayao and Batanes (CIKAB).

With the nature, duties, and extent still unknown to the general public, it continuously grasps the acknowledgment it deserves by ensuring quality service in delivering results. While rising above standards and weighed by criticisms; extending and establishing the healthcare profession at the core of communities— in humbled discipleship.

If one has to consider the extent in terms of the number of hospitals it caters and the increasing number of patients it serves, the supply of blood may not be enough to promptly provide the required necessity. Several questions baffle our minds regarding the adequacy and sustainability of blood in our region. Are resources enough to ensure that blood is available whenever and wherever it is needed? Does the

general public fully understand the Republic Act 7719, otherwise known as the National Blood Services Act of 1994, which aims to regulate blood banks and instill the spirit of altruism by voluntarily donating blood as a humanitarian act? These are the things that bothered the program. These are the predicaments that challenge CVMC Blood Bank in opt for quality service.

The Community Blood Services, under the Section of Blood Bank, is in-charge of the collection of blood. Mobile Blood Donations (MBD) are coordinated to various sectors of the community such as Local Government Units (LGU), non-government organizations, schools, religious sectors, etc. Hence, the team conducts bloodletting activities even to the remotest areas. All of these were never a setback because the pleasure of serving people is the utmost consideration. These are manifested from the number of blood units collected for the first semester of 2018 which totaled to 10,175 units from 159 MBDs conducted.

CVMC fully supports the blood program. Each department conducts an in-house bloodletting activity in a timely manner where the Department of Obstetrics and Gynecology topped all other departments followed by the Department of Pediatrics with 255 and 136 blood donors successfully bled respectively.

In addition, there are 106 walk-in blood donors since January of this year. Walk-in blood donors are those selfless, noble individual who spend time at the blood bank to share their blood without expecting anything in return.

Also, in hopes to sustain accessible and adequate supply of blood, coordination to other hospitals in our dominion to conduct regular bloodletting activities is instituted. This proves that we build solidarity from each others' strengths and achievements.

The blood units collected are processed and screened by the Hospital Blood Services using a state-of-the-art technology. This is to ensure that blood is free from Transfusion Transmissible Infections (TTI) which is safe to transfuse. These blood units help extend the lives of our brothers and sisters in need.

Another innovation is the acquisition of Apheresis Machine - the first in region II allowing segregation of the desired blood components only. This new technology offers a great deal of convenience since several units can be produced from a single donor.

Another significant service is the donor advocacy, retention and care section that safeguards the welfare of blood by exhibiting an unsullied calling to communities by concretely coming up with programs and activities especially crafted for volunteer blood givers. Information drive to increase awareness on the benefits of voluntary blood donation is made regularly.

Our mission in this life does not end with professional achievements and recognitions. It is centered on genuine fulfillment that manifests by selfless service. It takes a principled mind to become a gazillion brick of this nation building a cathedral of hope, success, and peace. 



# The Metamorphosis of the Radiology Department

✍ Adelord Baccay, Michelle Temanel, Marifel Cadiente

As diagnostic imaging procedures evolved, the Radiology Department embraces technological advancements with the installation of 16-slice CT Scan and 1.5 Tesla MRI machines.

## ■ A GLIMSPE OF THE PAST...

From one x-ray machine that is manually operated by only 6 radiologic technologists as manpower to render duty for 24 hours alternately, the Radiology Department is seen to set greater heights in diagnostics.

## ■ A REBORN OF A CENTRALIZED OFFICE...

To cater to the increasing demand in diagnostic imaging procedures and to facilitate smooth transition in the sending and retrieval of diagnostic results, a Radiology Office was planned and built. On September 9, 2018, the blessing of the Radiology Office, equipped with centralized reading area for Radiologists, centralized sending and retrieval of imaging reports and filing of pertinent documents. Also to be globally competitive and to offer better services, the Department offers residency training program. The upgrading of its equipment entails more manpower. 56 radiologic technologists were distributed among

its 5 sections - X-ray, Ultrasound, CT scan, MRI and Radiotherapy Section. It cannot be denied that the Radiology Department is at its peak in introducing global-standard diagnostic imaging procedures to our community.

## ■ A LOOK INTO THE FUTURE...

The evolution of medical imaging in Cagayan Valley Medical Center (CVMC) has not stopped yet and will continue to get better. This year, the Department also boasts the acquisition of two new ultrasound machines. CVMC is also one of the recipient hospitals of the Department of Health (DOH) for the supply, delivery, installation and commissioning of the Nuclear Medicine equipment. Parts of the package are the Single Photon Energy Computed Tomography/Computed Tomography (SPECT/CT) machine, Radioimmunoassay Laboratory equipment and radiopharmaceuticals, thyroid uptake probe and treadmill for cardiac evaluations. The highlight of the package is the installation of the SPECT/CT which is a combination of two modalities into one machine. One modality is the SPECT which uses radioactive material and the other one is the Computed Tomography machine which uses x-rays to visualize

anatomies. With the combination of the two capabilities in one machine, the SPECT/CT is a powerful tool to evaluate diseases as well as to precisely locate abnormalities. It's not only the medical imaging that is evolving. CVMC is also expected to offer new modality to manage and treat cancer with the installation of the Varian Linear Accelerator (LINAC) and the Saginova brachytherapy machine. These machines are two different modalities of radiotherapy. The LINAC uses a very high energy radiation to deliver a very precise radiation dose. On the other hand, the brachytherapy machine uses Cobalt 60 sealed radioactive materials as source of radiation to irradiate tumors inside body cavities.

With the operation of these two machines, CVMC will be the first and the only hospital to offer radiotherapy service in Region II. The inauguration of the CT Scan machine and MRI machine as well as the expected clinical operation of the Nuclear Medicine and Radiotherapy will put CVMC at par with other hospitals in the nation to offer advance radiology modalities. All with the objective of giving the best quality healthcare service for the people. 



# The 'Eng' of Medical Center Nurses

✍ Harlean S. Lim

Working vis-a-vis in treating all patients,  
And prone to make some eng-one kos,  
Eng-one ko in providing specialized treatment cases,  
Eng-one ko in operating state of the art diagnostic machines,  
Eng-one ko in facilitating health education and rehabilitation,  
Of patients and their families as to physical and mental health,  
Orientation and occasional supervision is likely,  
For some Eng-one practicing nurses.

After a few years of service,  
These RNs will become Senior Nurses,  
Some eng-one kos will definitely be surmounted,  
Eng-one kos are converted to some monitoring and evaluation,  
Preparing reports & work schedules are their administrative duties,  
Orientation of new Eng-ones is a crucial task,  
Mentoring student nurses at all times,  
That, twenty percent of administrative work,  
Plus, eighty percent of clinical functions are likely,  
For some Eng-two practicing RNs.

After few years or decades as a Nurse in one hospital,  
A nurse is capable of supervising or managing a unit,  
Some eng-one kos in working together with the Assistant Chief Nurse emerge,  
Collaborating with other departments is a must do,  
Eng-one kos in ensuring quality service is a challenge,  
Eng-one kos in conducting researches and studies is encouraged,  
Completeness and accuracy of DTRs a positive craze,  
Consolidates weekly, monthly and quarterly reports,  
Monitors efficiency ratings carefully,  
Trainings and workshops are key elements that are likely,  
For some Eng-three performing managers or supervisors.

Considering a hospital as a second home,  
And building four imaginary pillars,  
Bearing an active tentacles of a nursing prowess,  
Centered in both operating room management,  
And facilitating training and development programs,  
Eng-one kos should only be kept at a minimum,  
Monitoring and evaluation is a major recipe,  
Research studies about training are some eng-one kos,  
Monitors student nurses as an overseer,  
And initiates communication with the personnel of the academe,  
Complex administrative task on OR issues and training predicaments are likely,  
For some Eng-four performing superior nurse managers.

Like the wheels of a Philippine jitney,  
Executing an immense and holistic nursing locomotive function,  
Ensures nursing policies guided by DOH leadership,  
Monitors and evaluates the performance of all nurse supervisors,  
And nursing audit result is very crucial,  
These nursing force encounters minute eng-one kos for some DOH provisions,  
The melting pot of Filipino cultures and traditions a possible foe,  
Ensuring re-echoes of trainings comprehensively and effectively,  
Requiring an external training report,  
Ninety five percent of unit's trained nurses the least target,  
They belong likely to the first level squad of the nursing top

management,  
They are some Eng-five who serves with dynamism.

Representing the body of a locally made jitney,  
Containing all nurse scholars and exemplars,  
Monitoring professional growth with a sense of balance,  
Ensuring a wholesome image of a medical center nurse,  
Effectively and efficiently assist the Chief Nurse in planning,  
With some degree of eng-one kos in innovating actions,  
Minimal eng-one kos in organizing nursing staffs,  
Directing extensively some eng-one kos personnel-in-charge,  
Controlling all formal events with a grand whip,  
Supporting the Chief Nursing Officer with all might is in the offing,  
Assisting in the nursing body leadership management is likely,  
For some Eng-six who serves with passion.

Like the chassis powered by the engine bay of a local jitney,  
Like a shepherd to any medical center nurses,  
The ultimate brain of all nursing operations,  
And no eng-one kos should have its place,  
Development of policies, standards and protocols,  
Technical assistance is of the greatest demand,  
Internal and external networking is an essential role,  
Approves staffing and collects data and report,  
Performance management requiring a keen soul,  
Monitoring and evaluation evokes outcome-based results,  
The likelihood of issuing and assigning all nursing orders meticulously exists,  
For some Eng-seven spearheading a division.



image source: [www.google.com/search?q=Nurses\\_assn.jpg](http://www.google.com/search?q=Nurses_assn.jpg)

# Leaps and Strides sports



## Medical division takes lead on sportsfest

✍ Kim Jay P. Baccay

The Medical Division leads by slim against adversaries taking a step closer to be hailed as champions for the 2018 Interdivision Sports Fest.

Notching 30 wins, the Medical Division delivered a message of prowess proving that concerted effort is still the key to winning.

The interdivision sports fest comprised of five divisions: Nursing,

Office of the Medical Center Chief (OMCC), Hospital Operations and Patient Support Service (HOPPS), Finance and Medical all competing on five (5) events: table tennis, volleyball, basketball, chess, and badminton.

With the purpose of showcasing talents while creating a draft in line to the next friendship games, Cagayan Valley Medical Center (CVMC) employees gained more than its purpose as it

yielded stronger camaraderie among hospital employees.

Considering that duty and service to the patients come first, the bouts stretched to three (3) months battled every Friday of the week.

Meanwhile, winners were taken as representatives of the institution in the 6th Department of Health (DOH) Friendship Games.

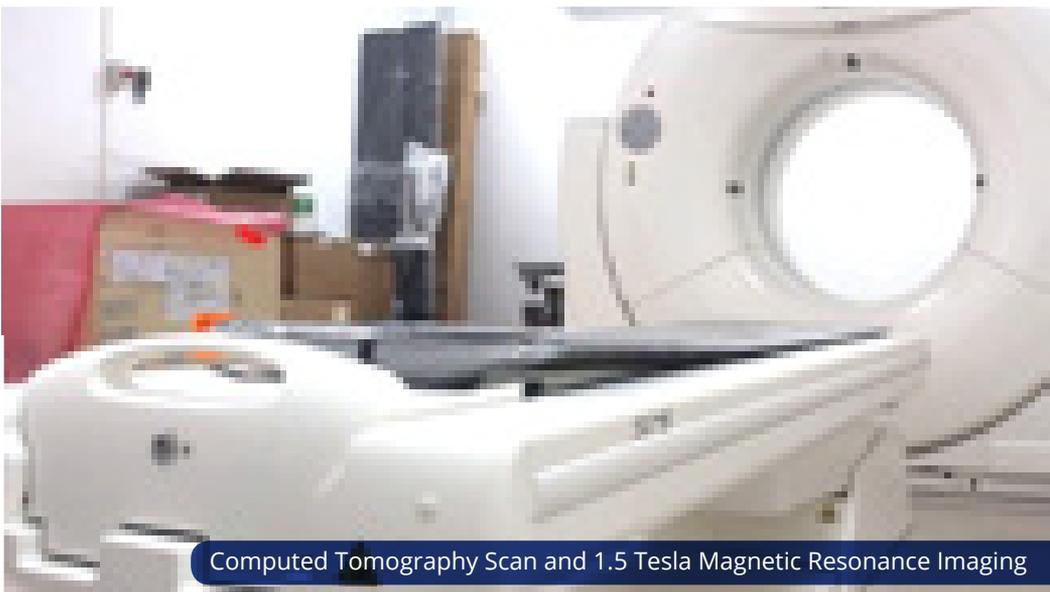
EVENT	OMCC		MEDICAL		NURSING		FINANCE		HOPPS	
	WINS	LOSSES								
TABLE TENNIS	3	3	3	2	0	2	4	3	4	3
VOLLEYBALL	0	1	3	2	2	2	0	4	4	0
BASKETBALL	0	0	1	3	3	1	3	2	2	3
CHESS	6	4	5	5	3	5	4	4	4	4
BADMINTON	14	15	18	8	19	8	12	11	2	23
<b>TOTAL NUMBER OF WINS AND LOSSES</b>	<b>23</b>	<b>23</b>	<b>30</b>	<b>20</b>	<b>27</b>	<b>18</b>	<b>23</b>	<b>25</b>	<b>16</b>	<b>33</b>

Fragmentary results of 2018 Sportsfest

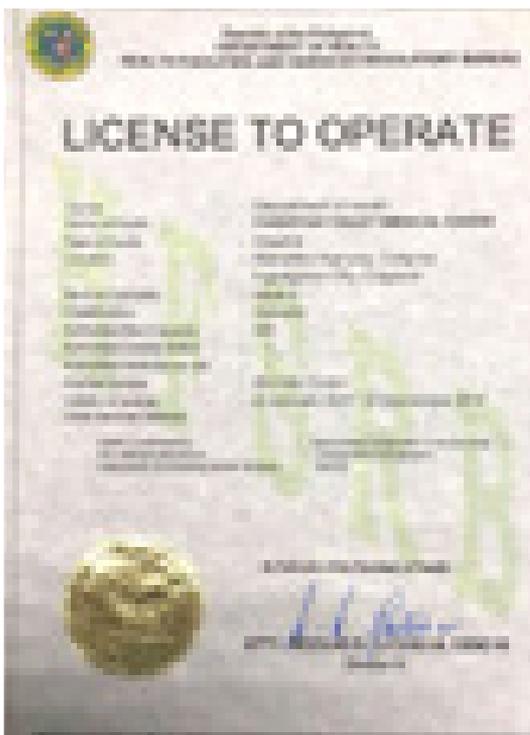




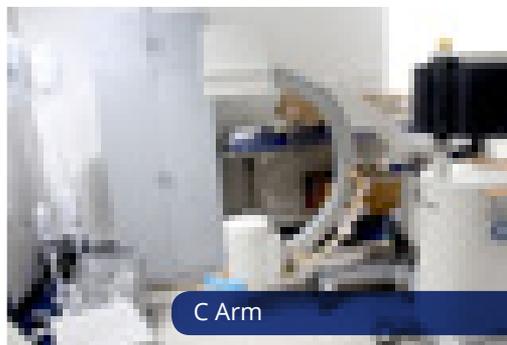
Linear Accelerator (LINAC) machine



Computed Tomography Scan and 1.5 Tesla Magnetic Resonance Imaging



Brachytherapy Machine



C Arm



2 units of ambulance for HEMS use and the hospital



Brain Monitor equipment



ENT diagnostic and treatment equipment.



Transcranial Doppler Machine